

## **Las Plumas Football Summer Workout Schedule**

**June 3rd** - JV & Varsity 4:00 - 5:30

**June 5th** - JV & Varsity 4:00 - 5:30

**June 7th** - JV & Varsity 4:00 - 5:30

**June 10th** - JV & Varsity 4:00 - 5:30

**June 12th** - JV & Varsity 4:00 - 5:30

**June 14th** - JV & Varsity 4:00 - 5:30

**June 17th - June 21st - Off**

**June 24th** - Varsity 3:00 - 4:30

Frosh & JV 5:00 - 6:30

**June 25th** - Varsity 4:00 - 5:15

**June 26th** - 3:00 - 4:30

Frosh & JV 5:00 - 6:30

**June 27th** - 4:00 - 5:15

**June 26th** - 3:00 - 4:30

Frosh & JV 5:00 - 6:30

**July 22nd - July 26th** - Football Camp Register July 22nd at 11am in the West Gym

**July 29th** - Tryouts Start